

Dydd Llun Monday	Dydd Mawrth Tuesday	Dydd Mercher Wednesday	Dydd Iau Thursday	Dydd Gwener Friday
Addysg Gorfforol 3 a 4 PE yrs 3 and 4	Ysgol Goedwig 1 a 2 Forest School yrs 1 and 2		Addysg Gorfforol 1 a 2 PE yrs 1 and 2	Addysg Gorfforol M a D PE yrs Nursery and Reception
Addysg Gorfforol 5 a 6 PE yrs 5 and 6			Ysgol Goedwig 3 a 4 Forest School 3 and 4	
Ysgol Goedwig Meithrin a Derbyn Forest School Nursery and Reception			Ysgol Goedwig 5 a 6 Forest School 3 and 4	